

Amazing Alternatives Fidelity Requirements

-Focus on alcohol prevention rather than other drugs

-Teacher received Project Northland Training and Materials

-Conduct peer leader nomination as outlined

- 1) Five to ten minutes of class time at least one week before peer leader training
- 2) Ask students to write down the names of two boys and two girls in the class whom they respect, admire and look up to, **DO NOT TELL THEM THIS IS FOR AN ALCOHOL EDUCATION PROGRAM**
- 3) Instruct students to make their own choices without input from other students. It is okay to select themselves
- 4) Tally ballots at another time
- 5) **STUDENTS** must choose peer leaders, not teacher
- 6) Should be 1 peer leader for each 4-5 students, plus 1 or two extras
- 7) Discreetly notify students of their selection and send home permission form and letter
- 8) Announce peer leaders to class but do not mention anything about the type of program it will be

-Conduct peer leader training as outlined

- 1) Introduce Amazing Alternatives to peer leaders
- 2) Discuss what it means to be a peer leader
- 3) Go over materials for **EACH** session
- 4) Conclude with time for questions, hand out training certificates

-Teacher presents all lessons in sequence and as outlined

-Time Capsules from last year's Slick Tracy curriculum reviewed in session one

-Peer leaders present lesson segments designated as peer led in the curriculum

-Facilitate Home Team component

- 1) Introduce take-home activities in class
- 2) Send home all weekly materials (both informational and fun activities)

-Complete Time Capsules as outlined

- 1) Introduce Time Capsule activity
- 2) Explain that no one else will see the contents of the Time Capsule, encourage students to be honest and thoughtful
- 3) Give each student a time capsule handout and envelope
- 4) Ask students to fill out completely at home and put it in the envelope with their full address and name; tell them not to seal the envelope yet b/c they will share with the class
- 6) After the last session collect envelopes
- 7) Arrange for envelopes to be given to the 7th grade teachers who will be implementing Power Lines the next year or get forwarding information for students who have moved.